



North Head Sanctuary Foundation Inc

Custodians of North Head

ABN 97093480659 P.O. Box 896, Balgowlah, NSW 2093

northheadsanctuaryfoundation.org.au

email northhead@fastmail.com.au

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Annual General Meeting

2pm Saturday 11 December 2021.

Our meeting will be held in the lean-to behind Bandicoot Heaven, (Building 20) on Saturday 11 December 2021.

Our guest speaker will be Malcom Fisher and his subject is Manly Dam.

To book a seat, please email Geoff Lambert on

g.lambert@inet.net.au.

COVID rules will apply - double vaccination and sign in.



Waterfall at Manly Dam

Photo Elizabeth Mills

Native Plant Nursery

Visitor to our Nursery area on Friday 19 November 2021.



Photo by Ian Evans

We grow Eastern Suburbs Banksia Scrub plants at our Nursery for planting into degraded areas of North Head. If you would like to join us, there is a lot of planting, weeding and maintenance to be done, as we were unable to work during lockdown.

Please call in any Tuesday or Friday morning between 8am and noon, when we are open or email

northhead@fastmail.com.au

To join you have to be a member of North Head Sanctuary Foundation and be double vaccinated.

Our last day at the Nursery for 2021 is Tuesday 21 December and we start up again on Tuesday 4 January 2022.

Education Room - Bandicoot Heaven

We are closed at present, but look forward to re-opening as soon as the Harbour Trust gives an ok.

Welcome Swallow



Hirundo neoxena.

Photo Alan Ventress

Interestingly they "have short bristles at the sides of their mouths which help to guide their food (insects) into their mouths while flying at speed" Taken from

<https://australian.museum/learn/animals/birds/welcome-swallow/>

They can be found on the Old Oval.

Back in Time

Kath White

They say history can repeat itself to bring to life the past experiences and deeper understanding, from those going through a Pandemic in NSW 100 years ago now. I thought it would be of interest as it tells a similar story of what we have all been experiencing during this present time...

My future Grandmother, then Doris Speechley, was writing to my future Grandfather, Frank Chirgwin, a WW1 soldier, who was still overseas waiting to return home. This is what she wrote in part of her letter to him, dated 22nd May 1919 from her home at Laurel Villa, Macintosh Street Mascot.

"Well Frank, the flu seems to be better, and all the restrictions have now been removed so we can go out without wearing a mask. Last Sunday we again started Sunday School after 7 weeks spell at home and this week also the children went back to school. The flu has not died right away yet, but we hope it will in the near future."

There was hope then as there is hope now. They both survived the Pandemic and were married in 1922 with quite a few descendants in NSW to this day!

Editor – Frank Chirgwin 's friend was Hector Hicks who is buried in Third Quarantine cemetery, and he obtained the following certificate in memory of his friend.



Garigal Landcare Group at North Head

Elizabeth Mills



A bonus of doing bush regeneration is the opportunity to work in wonderful scenic locations in the company of a fantastic group of like-minded people. The photo shows the Garigal Landcare volunteers, led by Conny Harris, after a couple of hours of bush regeneration on the slopes below Bella Vista Café and the car parks at North Fort. Access is easier after the fires of a year ago and there is the opportunity to remove weeds before they set seed and spread further. The bags are full of weeds like thistle, ink weed, crofton, paspalum, lantana and pampas, which have been removed, and the buckets are full of rubbish with broken glass bottles, cans, and oddly, golf balls, being most common.

Another bonus is to see over time the regeneration of native plant species and the return of native fauna. The sight of yellow-tailed black cockatoos overhead, a python, or a swordgrass brown butterfly flitting amongst the Gahnia, are reminders of what we have to lose if our precious National Parks are not cared for.

For info on volunteering with this group contact Conny Harris on 0432 643 295.

North Head Water Resource Recovery Facility (previously known as North Head Wastewater Treatment Plant) is building two new digesters and upgrading equipment to improve how they process biosolids on site.

Monotoca elliptica

Jenny Wilson



Photo Alan Ventress

Tree Broom-heath, a native plant, is found all over North Head. It is a small tree or compact shrub with oval shaped leaves broadest in the middle. The fruit is fleshy, round



and orange-red when ripe. It is spread by birds who eat the flesh and discard the seed which then produces another plant.

Third Cemetery

Jenny Wilson

On Christmas Day 1886, Eliza Sawyer, died of smallpox on board of the hospital ship Faraway at half-past 7 o'clock. She had not been vaccinated. Elizabeth Sawyer, age 47 is buried in the Third Cemetery.

Evening News (Sydney, NSW : 1869 – 1931), Friday 26 December 1884, page 4

“ANOTHER PROSECUTION.

It will be remembered that when the case of the deceased Mrs. Sawyer was reported to the health authorities it was found that the disease had reached the ninth day of eruption. It has been discovered that the unfortunate woman was attended by Mr. W. Moore, of 154, Elizabeth-street. Although Mr. Moore did not report the case, still the friends of the patient became very anxious, and called in another medical man to look at her. This gentleman at once pronounced the patient to be suffering from variola in its severest form and reported the matter to the Board of Health. We understand that the Board intends to prosecute Mr. Moore for having failed, to report the case.”